



VERMONT ZEN CENTER FIRST QUARTER 2020

SITTINGS: Monday through Friday 6–7 am | Tuesday & Thursday 6:45–8:30 pm | Sunday 9–11 am

JANUARY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------------------|--|-----------------------------------|----------------|---|--------|---------------------------------------|
| | Roshi is in Costa Rica from January 14 through March 24. | | 1 ZC Closed | 2 Chanting Altar take down Workshop Prep | 3 | 4 WORKSHOP |
| 5 ANNUAL SANGHA MEETING | 6 FINDING YOUR SEAT Tai Chi 1 | 7 Chanting | 8 | 9 | 10 | 11 Ceremony Workday |
| 12 KANNON CEREMONY | 13 ZC Closed Tai Chi 2 | 14 Roshi goes to Costa Rica | 15 | 16 Chanting | 17 | 18 |
| 19 Taped Teisho | 20 Tai Chi 3 | 21 Chanting | 22 | 23 | 24 | 25 Indian Cooking Course: Chaat |
| 26 Taped Teisho | 27 Tai Chi 4 | 28 | 29 | 30 FAMINE RELIEF CEREMONY | 31 | |

FEBRUARY

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|-------------------------------|--|----------------|----|----------------|----|---|
| | | | | | | 1 |
| 2 Taped Teisho | 3 FINDING YOUR SEAT Tai Chi 5 | 4 Chanting | 5 | 6 | 7 | 8 |
| 9 All-Day Sitting | 10 ZC Closed | 11 | 12 | 13 Chanting | 14 | 15 Ceremony Workday |
| 16 PARINIRVANA CEREMONY | 17 | 18 Chanting | 19 | 20 | 21 | 22 |
| 23 Taped Teisho | 24 Tai Chi 6 | 25 | 26 | 27 Chanting | 28 | 29 Indian Cooking Course: Festive |

MARCH

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|-----------------------------------|--|-----------------------------------|---------------|--------------------------------|----|-----------------------------------|
| 1 Sangha Entertainment | 2 FINDING YOUR SEAT Tai Chi 1 | 3 Chanting | 4 | 5 | 6 | 7 |
| 8 Taped Teisho | 9 Tai Chi 2 | 10 | 11 Metta 1 | 12 Chanting | 13 | 14 |
| 15 All-Day Sitting | 16 ZC Closed Tai Chi 3 | 17 Chanting | 18 Metta 2 | 19 | 20 | 21 |
| 22 Taped Teisho | 23 Tai Chi 4 | 24 Roshi returns to Vermont | 25 Metta 3 | 26 Sitting and Worknight | 27 | 28 Workday Sesshin Deadline |
| 29 Workday for Temple Night | 30 Tai Chi 5 | 31 TEMPLE NIGHT | | | | |