



# VERMONT ZEN CENTER FIRST QUARTER 2021

**SITTINGS:** Monday through Friday 6–7 am; Tuesday & Thursday 7:00–8:00 pm; Sunday 9–10:15 am

JANUARY

FEBRUARY

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 ZC Closed	2
3 Workday	4 FINDING YOUR SEAT Tai Chi 1	5 Chanting	6	7	8	9
10 Annual Sangha Meeting	11 Tai Chi 2	12	13	14 Chanting	15	16
17 Teisho	18 Tai Chi 3	19 Chanting	20	21	22 SESSHIN DEADLINE	23 Ceremony Workday
24 Kannon Ceremony	25 Tai Chi 4 ZC Closed	26	27	28 Chanting	29	30
31 Teisho	1 FINDING YOUR SEAT Tai Chi 5	2 Chanting	3 Metta 1	4	5	6 2-Day Virtual Sesshin
7 Sesshin	8 Tai Chi 6 ZC Closed	9	10 Metta 2	11 Chanting	12	13
14 Parinirvana Ceremony	15	16 Chanting	17 Metta 3	18	19	20
21 Teisho	22 Tai Chi 1	23	24 Metta 4	25 Famine Relief Ceremony	26	27
28 Teisho	1 FINDING YOUR SEAT Tai Chi 2	2 Chanting	3 Metta 5	4	5	6
Roshi on Break						
7 Sangha Entertainment	8 Tai Chi 3	9	10 Metta 6	11 Chanting	12	13
Roshi on Break						
14 Taped Teisho	15 Tai Chi 4	16 Chanting	17	18	19	20
Roshi on Break						
21 Taped Teisho	22 Tai Chi 5	23	24	25 Chanting SESSHIN DEADLINE	26	27
Roshi on Break						
28 All-Day Sitting	29 Tai Chi 6 ZC Closed	30 Chanting	31			