



VERMONT ZEN CENTER SPRING QUARTER 2017

SITTINGS: Monday—Friday 6-7 am | Tuesday & Thursday 6:45-8:30 pm | Sunday 9-11 am

APRIL

MAY

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Jukai Workday
2 JUKAI 	3 ZC Closed Tai Chi 5	4 Sitting & Sesshin Set up	5 Metta 6	6 Sitting & Sesshin Set up	7	8
9	10	11	12	13	14	15
Vermont 7-Day Sesshin						
16 Zen Center Closed	17 Tai Chi 6	18	19	20 Chanting Costa Rica	21	22
23 Taped Teisho	24	25 Chanting	26	27	28	29 CR GREAT JUKAI
CR 4-day Training Program						
30 Taped Teisho						
	1 Tai Chi 1	2	3	4 Famine Relief Ceremony	5	6
7 Taped Teisho	8 Tai Chi 2	9 Chanting	10	11 Sitting & Set up	12	13 WORKSHOP Afternoon Workday
14 ROSHI KAPLEAU MEMORIAL EXTENDED SITTING	15 ZC Closed Tai Chi 3	16	17 Garden Retreat Deadline	18	19 Vesak Workday	20 Vesak Workday
21 VESAK 	22 ZC Closed Tai Chi 4	23	24	25 Chanting	26	27 Indian Cooking Weekend Lunch
28 Zen Center Closed	29	30 Chanting	31			
				1	2	3
4 Retreat Set up	5 Tai Chi 5	6	7	8	9	10
VT 4-Day Garden Retreat						
11 Garden	12 ZC Closed Tai Chi 6	13 Chanting	14	15 Costa Rica	16	17 Tai Chi Intensive CR
18 Taped Teisho	19	20	21	22 Chanting	23	24 Flower Course
Costa Rica 7-Day Sesshin						
25 Taped Teisho	26	27 Chanting	28	29	30	