



# VERMONT ZEN CENTER SECOND QUARTER 2020

**SITTINGS: Monday—Friday 6-7 am | Tuesday & Thursday 6:45-8:30 pm | Sunday 9-11 am**

APRIL

| SUNDAY  | MONDAY  | TUESDAY                     | WEDNESDAY  | THURSDAY                            | FRIDAY | SATURDAY        |
|---|---|-----------------------------|------------|-------------------------------------|--------|-----------------|
| Roshi is in Costa Rica from June 21 through September 15. |   |                             | 1 Metta 4  | 2 TEMPLE NIGHT                      | 3      | 4 Jukai Workday |
| 5 JUKAI   | 6 FINDING YOUR SEAT<br>ZC Closed<br>Tai Chi 6 | 7                           | 8 Metta 5  | 9 Chanting                          | 10     | 11              |
| 12 Sesshin Set up   | 13 Tai Chi I                                  | 14 Sitting & Sesshin Set up | 15 Metta 6 | 16 Informal Sitting/ Sesshin Set up | 17     | 18              |
| 19  | 20  | 21                          | 22         | 23                                  | 24     | 25              |
| VERMONT 7-Day Sesshin (4/18-25)                           |   |                             |            |                                     |        |                 |
| 26 Zen Center Closed                                      | 27 Tai Chi 2                                  | 28 Chanting                 | 29         | 30                                  |        |                 |

MAY

|                                  |                                  |             |    |                           |    |                                    |
|----------------------------------|----------------------------------|-------------|----|---------------------------|----|------------------------------------|
|                                  |                                  |             |    |                           | 1  | 2 Workday                          |
| 3 ROSHI KAPLEAU MEMORIAL SITTING | 4 FINDING YOUR SEAT<br>Tai Chi 3 | 5           | 6  | 7 Sitting & Set up        | 8  | 9 WORKSHOP                         |
| 10 Taped Teisho                  | 11 Tai Chi 4                     | 12 Chanting | 13 | 14                        | 15 | 16                                 |
| 17 Taped Teisho                  | 18                               | 19          | 20 | 21 Famine Relief Ceremony | 22 | 23 Indian Cooking: N. Indian Lunch |
| 24                               | 25                               | 26          | 27 | 28                        | 29 | 30 Vesak Workday                   |
| Zen Center Closed                |                                  | Chanting    |    |                           |    |                                    |
| 31 VESAK                         |                                  |             |    |                           |    |                                    |

JUNE

|                                     |                                  |             |    |             |    |                     |
|-------------------------------------|----------------------------------|-------------|----|-------------|----|---------------------|
|                                     | 1 ZC Closed<br>FINDING YOUR SEAT | 2           | 3  | 4 Chanting  | 5  | 6 Tai Chi Intensive |
| 7 Taped Teisho                      | 8                                | 9 Chanting  | 10 | 11          | 12 | 13 Ceremony Workday |
| 14 WATER BABY CEREMONY              | 15 Zen Center Closed             | 16          | 17 | 18 Chanting | 19 | 20 Flower Course    |
| 21 Taped Teisho<br>Roshi goes to CR | 22                               | 23 Chanting | 24 | 25          | 26 | 27                  |
| 28                                  | 29                               | 30          |    |             |    |                     |
| COSTA RICA 7-Day Sesshin (6/27-7/4) |                                  |             |    |             |    |                     |